

TMS RED RIBBON WEEK 2026

Dress Up Themes:

MONDAY

Heroes Wear Red!

**Kick off Red Ribbon Week by Wearing
ALL RED**

TUESDAY

Team Up to Make a Difference!

Wear a sports team jersey or Twin day

WEDNESDAY

Power Up with Healthy Habits!

Wear sweat pants or athletic wear.

THURSDAY

Real Heroes Take a Stand

Against Bullying

**Wear White in Solidarity for No
Bullying**

FRIDAY

Dream Big, Hero!

**Wear school
appropriate pajamas.**

National Theme

**MAKE A
DIFFERENCE
BE A HERO
STAY DRUG FREE**



DATES:

**OCTOBER
26TH-30TH**